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PRISM

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Directory

Bureau of Substance Abuse Services
Massachusetts Department of Public Health

933/19

The Commonwealth of Massachusetts
Executive Office of Health and Human Services
Department of Public Health
150 Tremont Street
Boston 02111

William F. Weld
Governor
David P. Forsberg
Secretary
David H. Mulligan
Commissioner

Dear Friends and Colleagues:

The Department of Public Health through its Bureau of Substance Abuse Services has developed a strong prevention and intervention infrastructure to reduce alcohol and other drug abuse-related problems in Massachusetts. This intentional Prevention/Intervention Network assists individuals and groups in developing comprehensive community prevention systems and provides intervention services to high-risk youth. It includes eight regional primary prevention centers, forty-six youth intervention programs, and a variety of other prevention and intervention services in community-based agencies, funded by local, state, and federal resources.

The Commonwealth's historical commitment to a strong collaborative network of prevention and intervention programs is also reflected in the significant number of U.S. Center for Substance Abuse grants (Community Partnership, High Risk Youth, and Pregnant and Postpartum Women and Infants) awarded to Massachusetts communities and agencies in the past two years.

The Bureau has prepared this resource guide for individuals and groups who are interested in supporting healthy behaviors and lifestyles and building healthy communities. It will assist you in accessing prevention resources and intervention services in Massachusetts.

The programs are staffed by individuals with a wide range of experience in substance abuse prevention and intervention, health promotion, community development, and research. They listen, support, guide, and celebrate your prevention/intervention efforts.

Sincerely,

Dennis McCarty

Dennis McCarty, PhD
Director
Substance Abuse Services

To receive updates of the PRISM Directory, send your name, title, organization, address, telephone number, and fax number to: Office of Publications, The Medical Foundation, 95 Berkeley Street, Boston, MA 02116; telephone: 617/451-0049; fax: 617/451-0062.

To update information in the PRISM Directory, send a xerox of the appropriate page(s), with all changes clearly indicated on it, to Program and Resource Coordinator, The Medical Foundation, 95 Berkeley Street, Boston, MA 02116; telephone: 617/451-0049; fax: 617/451-0062. Include your name, title, organization, address, telephone number, and fax number.

The Prevention Resources and Intervention Services of Massachusetts Directory is prepared for the Bureau of Substance Abuse Services, Department of Public Health by The Medical Foundation.

Printed on recycled paper with soy-based ink.

Prevention Resources and Intervention Services of Massachusetts Directory

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Key Contacts for Policy and Planning Activities

Executive Office of Health & Human Services

Department of Public Health

150 Tremont St., Boston, MA 02111

Bureau of Substance Abuse Services (6th floor) 617-727-1960
Dennis McCarty, Director
John Dunphy, Prevention and Intervention Services
Cynthia Chace-McNiel, Prevention Planning & Development
Kathleen Herr-Zaya, Youth Intervention Planning and Development

Coalition on Addiction, Pregnancy, & Parenting (CAPP)
349 Broadway, 2nd Floor; Cambridge, MA 02139 617-661-3991
Norma Finklestein, Director

CASPAR Alcohol and Drug Education Program
226 Highland Ave., Somerville, MA 02143 617-623-2080
Ruth B. Davis, Director

The Medical Foundation
95 Berkeley St., Suite 201; Boston, MA 02116 617-451-0049
Ralph Fuccillo, Associate Director for Community Health Programs
Prevention Policy & Planning

AIDS Bureau (11th floor) 617-727-0368
Ralph Edwards, Director of Prevention & Education

Bureau of Family and Community Health (4th floor) 617-727-3372
Deborah Klein Walker, Assistant Commissioner

Division of Prevention, Youth and Adult Services
Linda Jo Doctor, Director 617-727-0944

Executive Office for Educational Affairs

Department of Education

1385 Hancock St., Quincy, MA 02169 617-770-7612
John Bynoe, Statewide Coordinator for Drug-Free Schools & Communities Grants Programs
Pam Chamberlain, Interagency Coordinator for the Bureau of Student Development & Health

Executive Office of Public Safety

Governor's Alliance Against Drugs

1 Ashburton Place, 6th floor, Boston, MA 02108 617-727-0786
Georgette Watson, Executive Director
Bill Patterson, Deputy Director
Fran Pisegna, Deputy Director
Carl McCarthy, Chief of Field Operations

Substance Abuse Statewide Hotline 800-327-5050

Substance Abuse Treatment Services Directory available by calling: 617-727-1960

Department of Public Health
Bureau of Substance Abuse Services

The Bureau of Substance Abuse Services is the single state agency that provides a continuum of drug and alcohol prevention, early intervention and treatment services through the purchase of community-based services. In addition to funding direct services, the Bureau supports initiatives to change community norms to promote healthier, drug-free lifestyles. To this end, the Prevention/Intervention infrastructure coordinates the work of the Federal Community Partnership, High Risk Youth and Unity/CYAP Programs with the work of the state-funded agencies. The Bureau of Substance Abuse Services works in conjunction with other sectors of the Department, such as the AIDS Bureau, the Office for Violence Prevention, and the Bureaus of Parent, Child, Adolescent Health and Community Health Services. Services are offered in cooperation with, and with the support of, the Governor's Alliance Against Drugs, and the Massachusetts Department of Education.

The Governor's Alliance Against Drugs

The Governor's Alliance Against Drugs is the entity of the Commonwealth that coordinates the Governor's effort to mobilize communities to address the problem of alcohol and other drug abuse. The Alliance initiates, funds and supports substance abuse prevention and early intervention activities. The Alliance collaborates with the Department of Public Health/Bureau of Substance Abuse Services on the funding of 46 Youth Intervention Programs. The Alliance contributes to the eight Regional Prevention Centers. In the Criminal Justice area, the Alliance supports the training of DARE Program police officers and provides implementation grants to communities. Mini-grants have been made available to assist community-based agencies in developing substance abuse prevention programming and models that can be replicated in other settings. Technical assistance related to prevention/intervention issues is provided.

Massachusetts Department of Education

Through the Federal Drug-Free Schools and Communities Act monies, the Massachusetts Department of Education (DOE) funds local school districts (LEAS), collaboratives and consortia to provide alcohol and drug abuse prevention education for grades kindergarten through 12. In order to provide expert technical assistance for this prevention programming, they contract with the Regional Prevention Centers network. Utilizing funding from several sources, DOE recently inaugurated a Comprehensive Health Education and Health Services Training Center which provides administrator and teacher training in alcohol, drug abuse and other health issues.

Bureau of Substance Abuse Services (BSAS)

Statewide Initiatives

Prevention Policy & Planning Center
Director: Ralph Fuccillo
Assistant Director: Andy Schneider-Muñoz
Program and Resource Coordinator: Rhonda Smith
The Medical Foundation

Regional Primary Prevention Centers
Coordinator: Cynthia Chace-McNiel
Bureau of Substance Abuse Services

Youth Intervention Programs
Coordinator: Karen Guillette
CASPAR Alcohol and Drug Education Program (supported by Governor's Alliance Against Drugs)

Post-partum Pregnancy Initiative
Coordinator: Gail Sawosik
Bureau of Substance Abuse Services

Peer Institute
Coordinator: Toni Elka
The Medical Foundation

Family Prevention Education Program: "It Takes a Village to Raise a Child"
Contact: Regional Prevention Centers

Protect Teen Health
Coordinator: Ralph Edwards
AIDS Bureau

Boston Initiative

Street Outreach
Coordinator: Barbara Simmons
The Medical Foundation

Prevention Policy and Planning Center

The Prevention Policy and Planning Center has been established to develop the annual statewide prevention plan and to promote prevention programming. This component of statewide prevention and youth intervention services is funded by the Department of Public Health, Bureau of Substance Abuse Services and The Governor's Alliance Against Drugs. These strategic planning activities are conducted by The Medical Foundation in cooperation with the Bureau of Substance Abuse Services and CASPAR Alcohol and Drug Education Program.

The goal is to strengthen the capacity of the statewide prevention and intervention system. The Center will publish and disseminate the Massachusetts Prevention Plan. The plan will provide an overview of history and operational definition of prevention in Massachusetts, as well as determine the service delivery needs and capacity of prevention and youth intervention programs. The policy and planning process also provides leadership toward a comprehensive, state-of-the-art prevention effort for the Commonwealth.

In addition, The Policy and Planning Center convened the Massachusetts Prevention Plan Work Group in cooperation with the Governor's Advisory Council on Substance Abuse. The Prevention Plan Work Group examines and discusses issues of prevention programming and makes recommendations to the Director of the Bureau of Substance Abuse Services.

The Center also provides consultation to the BSAS and other state and vendor agencies on a wide array of issues. All activities foster statewide collaboration and facilitate planning that will balance decisions and policies of prevention, youth intervention, treatment and criminal justice systems for alcohol and other drug related problems.

Regional Primary Prevention Centers

The Primary Prevention system is designed to assist communities in developing comprehensive prevention systems to create and support conditions that promote healthy behaviors and lifestyles in order to reduce the problems associated with alcohol and other drugs, including HIV/AIDS and violence. The eight regional Centers offer a variety of resources to individuals, community organizations and groups in specifically targeted regions. The Centers are staffed by trained prevention specialists, trainers and resource coordinators who are available to share ideas, expertise and materials.

Prevention services include:
Community development: create and support comprehensive community prevention by engaging individuals and groups representing the key community systems to effect change and coordinate multiple strategies that provide information, enhance competencies, promote alternatives, and influence social policy.

Consultation and technical assistance: develop skills and resources through individual consultation in planning, developing, implementing and evaluating effective prevention programming.

Training and education: provide information about alcohol, other drugs and related problems and develop competency skills and strategies for implementing prevention programming.

Public information: disseminate information about the principles and practices of prevention through presentations at community forums and utilization of print and electronic news media.

Multimedia prevention resource libraries: provide technical assistance on state-of-the-art prevention policy, research and program development, and access to the Regional Alcohol and Drug Awareness (RADAR) Network, electronic communications systems and multimedia resources.

Prevention Center Resource Libraries

The Prevention Centers of Massachusetts house lending libraries open to the public and are members of the Regional Alcohol and Drug Awareness (RADAR) Network. A wealth of prevention materials aimed at developing effective community prevention programs is available. Resource specialists are available to guide users through the collections, which include information on alcohol and other drugs, HIV/AIDS, violence prevention, community development, adolescents, parenting and other evolving health issues. Materials include:

- Curricula
- Electronic databases
- Fact sheets/pamphlets
- Newsletters
- Books/audio
- Video/films
- Professional journals
- Government documents

The RADAR Network is an interactive communication system operating at national, state, and community levels and, in Massachusetts, through the Prevention Centers. The Federal Center for Substance Abuse Prevention (CSAP) sponsors the RADAR Network through its information component, the National Clearinghouse for Alcohol and Drug Information (NCADI).

In Massachusetts, the Psychological Center's Prevention Network serves as the state RADAR site and has access to specialty RADAR centers across the country. The Prevention Network, the seven affiliate

Prevention Centers, and the Massachusetts Alcohol and Drug Hotline constitute the Massachusetts RADAR network.

RADAR Network centers are able to communicate with each other through the RADAR Electronic Communication System (ECS) which provides access to a broad range of information and serves as a forum for questions and answers.

Other RADAR Network and library services include:

- Public awareness campaigns
- Resources in several languages, Braille, and closed captioned
- Databases searches of current substance abuse research
- Quantities of selected free materials on alcohol and other drugs

Regional Primary Prevention Centers Directory

1. Western Massachusetts
Prevention One — 413-584-3880
Dickinson Programs of Cooley Dickinson Hospital
76 Pleasant St., Northampton, MA 01060

2. Central Massachusetts
Tri-Prevention First — 508-752-8083
North Central Alcohol Commission
100 Grove St., Worcester, MA 01605

3. Merrimack Valley Region
The Psychological Center's Prevention Network — 508-685-1337
488 Essex St., Lawrence, MA 01840

4. South Middlesex County
Mount Auburn Hospital — 617-893-0111
Prevention and Training Center
24 Crescent St., Room 301, Waltham, MA 02154

5. Norfolk County
Prevention Resources — 617-449-8823
Baystate Community Services
15 Cottage Ave., Quincy, MA 02169

6. Suffolk County
The Prevention Center — 617-451-0049
The Medical Foundation
95 Berkeley St., Boston, MA 02116

7. Essex County
Prevention Services — 508-745-8890
Center for Addictive Behaviors — 800-334-5572
27 Congress St., Salem, MA 01970

8. Southeastern Massachusetts
Pathways Prevention Center/Center for Human Services, Inc. — 508-946-3444
109 Rhode Island Rd., Rt. 79, Lakeville, MA 02347

Youth Intervention Programs

Youth Intervention Programs are designed to identify youth who may be experiencing alcohol and/or other drug related problems, assess the nature and extent of those problems and make referrals to appropriate services as needed to prevent the development of more severe problems in the future.

Youth Intervention Programs focus on early detection and intervention with persons identified through the school system, the family, the community, the criminal justice system or other social systems. These programs build upon the existing prevention program, and include a range of intervention services offered on site in the schools, other youth agencies and community institutions, the courts and the provider agencies.

Basic services include:
Outreach and community development: Promote the needs of youth with alcohol and drug-related problems through participation in community task forces, policy development, coordination with local youth agencies, religious organizations, law enforcement, criminal justice, and community institutions.

Consultation and program development: Assess the needs of the organization, assist in developing and implementing programs designed to intervene with the needs of high-risk youth and provide ongoing consultations throughout this process.

Training professionals: Train school, court and human service professionals in identification of behaviors indicative of substance use by youth and strategies for making appropriate referrals.

Screenings and assessment: Services provided to self-referred youth and those identified by school, court and other human service personnel. The assessment determines the nature and severity of the young person's problem and may involve family and/or significant others in this process, when appropriate.

Psycho-educational groups: Provide groups for young people identified with alcohol and drug-related problems. These groups are highly structured and topic-oriented, focusing on identification of high-risk behaviors and establishment of peer interactions that motivate necessary behavior and attitude change. For some, these groups provide a bridge to appropriate treatment.

Specialized support groups: Provide specialized short-term support groups designed for children of alcoholics and other substance abusers and/or youth returning to the school and community from inpatient/residential alcohol and drug treatment programs.

Referrals: Referrals may include self-help groups such as AA, NA, Alateen, outpatient clinics, individuals or family counseling or, if appropriate, inpatient hospitals and residential programs, as well as other appropriate services such as health, educational, and vocational services.

Individual sessions: Provide one-to-one meetings with youth that focus on substance abuse issues.

The Governor's Alliance Against Drugs and the Department of Public Health, Bureau of Substance Abuse Services, co-sponsor a Statewide Coordinator of Youth Intervention Services. The Coordinator provides technical support to providers, advocates for youth intervention services at the state level, plans provider training, and produces a Youth Intervention Newsletter. In addition the Statewide Coordinator of Youth Intervention Services assists the CSAP High Risk Youth grantees by convening monthly meetings for program managers and providing technical assistance.

Youth Intervention Programs Directory

Attleboro	**Attleboro Youth & Family Services** 140 Park St., Attleboro, MA 02703	508-222-7525
Beverly	**Project RAP** 202 Rantoul St., Beverly, MA 01915	508-927-4506
Boston	**(see also Dorchester, Roxbury, South Boston)** **Boston Asian: Yes** 199 Harrison Ave., Boston, MA 02111	617-482-4243
	Bridge Over Troubled Waters 47 West St., Boston, MA 02111	617-423-9575
Brockton	**Catholic Charities** 686 North Main St., Brockton, MA 02401	508-587-0815
Cambridge	**Concilio Substance Abuse Program** 105 Windsor St., Cambridge, MA 02139	617-661-8001
Charlestown	**Charlestown Boys & Girls Club** 15 Green St., Charlestown, MA 02129	617-241-3756
Chelsea	**Chelsea ASAP** 100 Everett St. Unit #4, Chelsea, MA 02150	617-884-6829
Dorchester	**Federated Dorchester Neighborhood Little House** 275 East Cottage St., Dorchester, MA 02125	617-282-2180
	Peaceful Movement Committee 879 Blue Hill Avenue, Dorchester, MA 02124	617-436-3159
Fall River	**Stanley Street Treatment Center** 386 Stanley St., Fall River, MA 02720	508-679-5222
	Portuguese Youth Cultural Organization 339 Spring St., Fall River, MA 02721	508-679-0962
Falmouth	**CCAIRU/Gosnold** 196 Ter Heun Dr., Falmouth, MA 02540	508-548-7118
Fitchburg	**Luk Inc.** 99 Day St., Fitchburg, MA 01420	508-345-0685
Greenfield	**Franklin Community Action Center/Youth Programs** 39 Federal St., Greenfield, MA 01301	413-774-7028
	Beacon Clinic of Franklin 60 Wells St., Greenfield, MA 01301	413-772-6388
Haverhill	**Team Coordinating Agency** P.O. Box 844, Haverhill, MA 01831	508-373-1181
Holyoke	**Providence Hospital Community Health & Human Services** 210 Elm St., Holyoke, MA 01040	413-535-1000
Hyannis	**Cape Counseling Center** 120 Yarmouth Rd., Hyannis, MA 02601	508-775-1728
Lowell	**Lowell House Inc.** 555 Merrimack St., Lowell, MA 01854-3906	508-459-8656
Marlboro	**Together Inc.** 133 East Main St., Marlboro, MA 01752	508-460-1451
Milford	**Community Counseling Center** 10 Asylum St., Milford, MA 01757	508-473-6723
New Bedford	**New Bedford Area Center for Human Services** P.O. Box A-2097, New Bedford, MA 02741	508-990-8345
Northampton	**The Dickinson Programs of Cooley Dickinson Hospital** 76 Pleasant St., Northampton, MA 01060	413-584-3880

Peabody	**Juvenile Diversion Program** DA's Office, Peabody District Court 1 Lowell St., Peabody, MA 01960	508-532-4140
Pittsfield	**Berkshire Council on Alcoholism and Addiction** 131 Bradford St., Pittsfield, MA 01201	413-499-1000
Plymouth	**Addiction, Families & Recovery** 71 Christa McAuliffe Blvd., Plymouth, MA 02360	508-746-6737
Quincy	**Bay State Community Services** 15 Cottage Avenue, Quincy, MA 02169	617-472-6027
Roxbury	**La Alianza Hispana** 409 Dudley St., Roxbury, MA 02119	617-427-7175
	Dimock Community Health Center 55 Dimock St., Roxbury, MA 02119	617-442-2121
	Sociedad Latina 1554 Tremont St., Boston, MA 02120	617-442-4299
Salem	**Center for Addictive Behaviors** 27 Congress St., Bldg. #1, Salem, MA 01970	508-745-8890
	Essex County DA's Office, Juvenile Diversion Program 1 East India Sq., Salem, MA 01970	508-745-6610 x146
Somerville	**CASPAR** 226 Highland Ave., Somerville, MA 02143	617-623-2080
	Somerville Portuguese-American League 92 Union Sq., Somerville, MA 02143	617-628-6065
South Boston	**South Boston Action Council/Turning Point** 424 West Broadway, South Boston, MA 02127	617-269-5160
Southbridge	**Clear Point Counseling Center, Inc.** 51 Everett St., Southbridge, MA 01550	508-765-9101
Springfield	**Gandara Mental Health Center** 985 Main St., Springfield, MA 01103	413-736-8328
	Sloan Center 20 Maple St., Springfield, MA 01105	413-734-5624
	W.W. Johnson Life Center Northern Educational Services 736 State St., Springfield, MA 01109	413-747-0495
Taunton	**Greater Taunton Council on Alcoholism** 4 Cohannet St., Taunton, MA 02780	508-822-2116
Vineyard Haven	**Island Counseling Center** P.O. Box 369, Vineyard Haven, MA 02568	508-693-7900
Wakefield	**Eastern Middlesex Mental Health Center** 7 Lincoln St., Wakefield, MA 01880	617-246-2010
Waltham	**Middlesex Regional Addictions/Treatment Center** 19 Appleton St., Waltham, MA 02154	617-894-6110
Watertown	**Watertown Multi-Service Center** 127 North Beacon St., Watertown, MA 02172	617-926-3600
Westfield	**Westfield Counseling Center** 41 Church Street, Westfield, MA 01085	413-568-3368
Worcester	**Henry Lee Willis Community Center/Straight Talk Program** 110 Lancaster St., Worcester, MA 01609	508-799-0702

Initiatives for Pregnant and Postpartum Women and Their Infants

In August 1990, the Bureau of Substance Abuse Services announced the opening of the first publicly funded specialized detoxification service for pregnant women, accessible in all three trimesters of pregnancy. Since that time, the network of specialized services has expanded statewide and currently consists of 34 detoxification and 38 residential treatment beds.

Eight detoxification programs providing specialized services are staffed by a full-time nurse with obstetrical/gynecological experience who coordinates client outreach and case management activities. A primary component of this service is the arrangement for a prenatal care appointment, scheduled and completed during the client's detoxification visit. Specialized detoxification programs are enhanced to provide emergency hospital back-up services, link clients with family planning, mental health, and HIV/AIDS services, and complete important aftercare referrals for continued care.

Seven long-term residential substance abuse treatment programs provide specialized services to pregnant and postpartum women and their infants, including incarcerated pregnant women. Women are admitted to these programs during all trimesters of pregnancy; case management staff arrange for prenatal, postpartum, and pediatric care appointments. Following delivery, clients return with their infants to continue treatment for up to twelve months. Parenting classes are an integral service component. Early intervention, family planning, HIV/AIDS counseling, WIC services, and other medical and mental health linkages are individually case managed.

Specialized substance abuse detoxification, residential, and the future intensive outpatient and day treatment programs complete a comprehensive continuum of care for pregnant and postpartum women and infants.

Postpartum and Pregnancy Service Locations

Detoxification Programs

Dimock Detoxification Center Dimock Community Health Center, 55 Dimock St., Roxbury, MA 02119	617-442-9661
River St. Detoxification Positive Lifestyles, 249 River St., Mattapan, MA 02126	617-298-0060
Danvers Detoxification Center Center for Addictive Behaviors, 450 Maple St., Danvers, MA 01923	508-777-2121
Stanley Street Treatment and Resources 386 Stanley St., Fall River, MA 02720	508-679-5222
Detoxification Program Lowell General Hospital, 295 Varnum Ave., Lowell, MA 01854	508-937-6767
Intervention Center CASPAR, Inc., 245 Beacon St., Somerville, MA 02143	617-628-6300
Spectrum Primary Care 305 Belmont St., Worcester, MA 01604	508-334-4027
High Point 2580 Main Street, Tewksbury, MA 01876	508-988-9001

Residential Treatment Programs

New Day 617-628-8188
CASPAR, Inc., 242 Highland Ave., Somerville, MA 02143

Edwina Martin House 508-583-0493
Catholic Charities at Brockton, 678 North Main St., Brockton, MA 02401

Steppingstone 508-674-2788
466 North Main St., Fall River, MA 02720

Emerson House 508-540-1554
554 Main St., West Falmouth, MA 02574

Women, Inc. 617-442-6166
244 Townsend St., Dorchester, MA 02121

Algonquin House 617-265-3639
First, Inc., 22 Algonquin St., Dorchester, MA 02125

Faith House 508-853-9496
142 Burncoat St., Worcester, MA 01606

My Sister's House 413-733-7891
Alcohol and Drug Services of Western MA
89 Belmont Avenue, Springfield, MA 01108

Peer Institute

The Peer Institute is an intensive three-day learning experience for young people who are participating in peer leadership programs throughout Massachusetts. Led by prevention specialists and youth alumni, the Institute offers elective and required workshops, family groups, rap sessions, cultural programs and large group activities. Participating peer leaders and adult advisors build skills, share outreach techniques and increase their knowledge of current prevention strategies. Attendees learn how to strengthen the impact of peer leadership activities within their schools and communities.

The Peer Institute recognizes and supports the powerful role that youth play in promoting healthy choices to other young people. Through exploring their own and each others' diversity, participants have an opportunity to experience a positive multicultural event. They develop respect and appreciation for the unique qualities which make each of them a special and important part of the world.

At the Institute peer leaders:

- Share knowledge
- Learn new skills and approaches to make neighborhoods and schools places of well-being
- Educate each other
- Share first-hand experiences with each other
- Create action plans for each region
- Recharge their commitment to community service
- Are recognized as leaders

The experience of meeting other young people from across the state who share their vision is profoundly reaffirming and reenergizing for these young leaders, who go on to positively influence many others. As active healthy citizens of the Commonwealth, graduates of the Massachusetts Peer Institute continue to contribute to the well-being of their friends, families, co-workers and communities.

Massachusetts Family Prevention Education Program: "It Takes a Village to Raise a Child"

The African and Chinese proverb, "It Takes A Village to Raise a Child, is the name of the Massachusetts statewide family initiative whose goal it is to build and strengthen healthy families and communities and to develop skills to reduce alcohol and other drug abuse and related problems among our youth. The program trains volunteers who lead parenting workshops in neighborhoods, community organizations, churches, schools and worksites.

Although the program is primarily directed toward families, inherent throughout the curriculum is the belief that parents alone cannot raise healthy children nor by themselves prevent their children from abusing alcohol and other drugs. Its program is designed to educate participants about their role in shaping the behavior of children. The curriculum focuses on parenting skills related to prevention, alcohol and other drug abuse related issues and strategies for communities to take responsibility for positively influencing the behavior of all children.

Volunteers are invited to participate in two- to three-day regional trainings, planned and facilitated by the Regional Prevention Centers. The volunteers work in pairs and are sponsored by community organizations and businesses which provide assistance with the site, child care, marketing and refreshments for the local workshop.

After the training the volunteers provide 8-12 hours of workshops in their communities. Each team of workshop leaders is provided with the curriculum, "It Takes a Village to Raise a Child," parent handouts and marketing materials. Culturally appropriate curricula are available for the African American, Hispanic and Portuguese populations. In addition, the Prevention Centers provide technical assistance and support as needed.

Protect Teen Health

"Protect Teen Health" is a campaign to prevent HIV/AIDS, sexually transmitted diseases (STDs), unintended pregnancy, and substance abuse among teens and young adults in 10 communities across the state. The campaign is a major effort to reverse recent trends in the health status of teenagers in Massachusetts.

The "Protect Teen Health" campaign is being implemented in three phases, each of which is coordinated by a different Department of Public Health bureau: the AIDS Bureau, the Bureau of Substance Abuse Services, and the Bureau of Parent, Child and Adolescent Health.

Phase I of the campaign, coordinated by the AIDS Bureau central office and regional staff, assists communities in developing programs for their youth that emphasize the prevention of HIV/AIDS and sexually transmitted disease (STDs). The AIDS Bureau will carry out this phase of the campaign through the distribution of information and materials, trainings, and special community events.

Phase II of the campaign, coordinated by the Regional Prevention Centers and funded by the Bureau of Substance Abuse Services, focuses on expanding community-based initiatives directed at the adolescent population. The Centers manage an HIV/AIDS Prevention Grants Program to community-based agencies in the ten selected communities. This includes providing HIV/AIDS peer leadership training and technical assistance to the agencies. The youth, as trained peer leaders, educate their peers to prevent HIV/AIDS. Expanded educational materials include information directed towards the prevention of HIV/AIDS, STDs and unintended pregnancy. This phase is funded in part by Mass. AIDS Tax Fund.

Phase III, coordinated by the Bureau of Parent, Child and Adolescent Health with the Department of Education, focuses on school health initiatives. The goal of this phase is to strengthen school-based health programs and centers through the development and expansion of school health education, services and policies.

The campaign targets communities with disproportionately large numbers of high risk teens. Other cities and towns are encouraged to participate in the campaign and to initiate similar activities for their own youth.

The targeted cities are:

- Boston
- Brockton
- Cambridge
- Chelsea
- Holyoke
- Lawrence
- Lowell
- Lynn
- New Bedford
- Springfield
- Somerville
- Worcester

Boston Youth Street Worker Initiative

The Street Worker program is designed to provide guidance to inner-city, high-risk youths toward gaining access to a wide array of services including health, alcohol and other drug issues, education, shelter, housing, food, jobs and recreational activities. It is a coordinated city-wide effort by the Mayor's Office of the City of Boston and the Department of Public Health's Bureau of Substance Abuse Services. The overall project supports 22 street workers in 10 neighborhoods of the city and support, coordination and management by 3 of the senior caseworkers and a program director. Ten of the street workers and 3 senior caseworkers are funded by the Bureau of Substance Abuse Services.

The program provides a network of community-based youth-outreach workers, who act as mentors and positive role models, providing alternatives to prevent youths' involvement in high-risk behaviors. Services include education, community development, advocacy, information and referral, and crisis intervention.

The Department of Public Health, through The Medical Foundation, provides training and technical assistance to the street worker programs.

Street Worker Program Directory

Gang Peace 34 Intervale St., Dorchester, MA 02120	617-442-1919
Martha Eliot Health Center 33 Bickford St., Jamaica Plain, MA 02130	617-522-5300
Federal Dorchester Neighborhood House 985 Dorchester Ave., Dorchester, MA 02122	617-282-5034
Boston Community Schools 1010 Mass Ave., Boston, MA 02118	617-635-4920
Boston Community Services 780 American Legion Hwy., Roslindale, MA 02131	617-325-6700
Dorchester Youth Collaborative 1514 Dorchester Ave., Dorchester, MA 02122	617-288-1748
Bird Street Youth Center 500 Columbia Rd., Dorchester, MA 02125	617-282-6110
Dorchester YMCA 776 Washington St., Dorchester, MA 02124	617-436-7752
La Alianza Hispana 409 Dudley St., Roxbury, MA 02119	617-427-7175
Dimock Community Health Center 55 Dimock St., Roxbury, MA 02119	617-442-8800

Violence Prevention Project

The statewide coordination of alcohol and other drug-related violence prevention activities is conducted by the Office of Violence Prevention. The coordinator provides system-wide technical assistance to increase violence prevention activities throughout the Commonwealth. The Project includes activities which promote community efforts to reduce violence through prevention programming.

The coordination of alcohol and other drug-related violence prevention promotes a cohesive strategy incorporating public health, health education and public safety resources. Training and technical assistance are available to prevention specialists, youth intervention providers, street outreach workers, and other adults working with youth to integrate violence prevention into program delivery.

The Peer Leadership Preventing Violence manual will be published and disseminated to guide adolescents interested in generating local youth-empowered violence prevention programs. This curriculum utilizes interactive learning strategies to encourage and train young people to engage their peers in conflict resolution and healthy social interactions.

U.S. Center for Substance Abuse Prevention (CSAP) Grantees

CSAP CYAP/UNITY Sites
Coordinator: Riche Zamor
The Medical Foundation

CSAP High Risk Youth Grants
Coordinator: Karen Guillette
CASPAR Alcohol & Drug Education Program

CSAP Community Partnerships
Contact: Rhonda Smith
The Medical Foundation

CSAP Pregnant & Postpartum Women & Their Infants
Contact: Gail Sawosik
Bureau of Substance Abuse Services

Statewide Coordination and Technical Assistance

Massachusetts currently has 50 CSAP grants. The Department of Public Health is committed to integrating the technology and programs developed by the CSAP grantees into the state-wide prevention/intervention network managed by the Bureau of Substance Abuse Services. The Bureau provides ongoing support to the CSAP grantees in Massachusetts through three coordinating positions at The Medical Foundation and CASPAR Alcohol and Drug Educations Program. The coordinators provide technical assistance and planning with supervision from the Directors of the Policy and Planning Center and CASPAR Alcohol and Drug Education Program.

Urban Neighborhood Intervention Teams for Youth (UNITY)

The UNITY project is a partnership between state government and local communities designed to reduce the use of alcohol and other drugs among youth in selected housing projects and neighborhoods. UNITY works through tenants' associations, neighborhood groups and local churches to provide grass roots mobilization and support for alcohol and drug abuse prevention programming in minority communities. The goal of the project is to empower communities and increase community resistance to alcohol and other drug use and abuse.

UNITY sites provide the following services: training and education; recreational alternative activities; networking; consultation and technical assistance; crisis intervention; and public information.

UNITY Sites

Boston

Bromley Heath Housing Complex
Bromley Heath Tenant Management Corp. — 617-445-8515
42 Horan Way, Jamaica Plain, MA 02130 — Fax: 442-2827
Contact: Gerald Banks

Washington Park Area
Eliot Church of Roxbury — 617-445-7525
56 Dale St., Roxbury, MA 02119
Contact: Bridget Douglas

Brockton

Crescent Park and Hill Street Housing Complexes
Brockton Housing Authority — 508-588-6880
P.O. Box 340, 45 Goddard Rd., Brockton, MA 02403 — Fax: 588-8271
Contact: LynneAnn Devine

Lowell

The Acre
Coalition for a Better Acre — 508-452-7523
741 Merrimack St., Second Floor, Lowell, MA 01854 — Fax: 452-4923
Contact: Nelson Rivera

Springfield

Bergen Circle Housing Complex
Northern Education Services — 413-734-0611
622 State St., Springfield, MA 01109 — Fax: 731-1417
Contact: Deborah Scott

Worcester

Henry Lee Willis Community Center — 508-799-0702
Great Brook Valley
110 Lancaster St., Worcester, MA 01609 — Fax: 754-9143
Contact: Miguel Almestica

CSAP High Risk Youth Grants

The Center for Substance Abuse Prevention (CSAP) has funded an increasing number of demonstration projects focusing on high risk youth. The six basic program goals of the grants are:
Decrease the incidence and prevalence of drug and alcohol use among high risk youth.
Reduce factors placing youth at high risk for substance abuse.
Enhance factors that protect youth from the use of alcohol and other drugs.
Coordinate the activities of human service systems on behalf of the prevention of substance abuse among high risk youth.
Increase availability and accessibility of prevention/treatment/rehabilitation programs for these high risk populations.
Reduce impairment and promote rehabilitation of young alcohol and drug users.

Since 1988, the number of grants in Massachusetts has grown from 2 to 12, representing a total of over 10 million dollars. Of the 12 grantees, 10 projects are located in the Boston area, 2 in western Massachusetts.

CSAP High Risk Youth Grantees

Boston Public Schools; Winner's Circle 26 Court St., Boston, MA 02108	617-726-6200 x5403
Boston Community Centers 1010 Massachusetts Ave., Boston, MA 02118	617-725-4920
Boston Housing Authority 3 Metcalf Court, Jamaica Plain, MA 02130	617-524-3538
Boston Neighborhood Ventures 95 Berkeley St., Boston, MA 02116	617-338-1318
Brigham & Women's Hospital Brookside Community Health Center 3297 Washington St., Jamaica Plain, MA 02130	617-522-4700
Harvard Street Neighborhood Health Center Boston Youth Development Project 895 Blue Hill Ave., Dorchester, MA 02124	617-825-3400 x233
Workplace Family Education, B.U. School of Social Work 264 Bay State Rd., Boston, MA 02215	617-353-7225
CASPAR Alcohol & Drug Education Program 226 Highland Ave., Somerville, MA 02143	617-623-2080
Economic & Industrial Development Corp. Latina Girls Project 43 Hawkins St., Boston, MA 02114	617-635-4700 x218
Education Development Corp. (EDC) 55 Chapel St., Newton, MA 02160	617-969-7100
South Cove Community Health Center SE Asian Family Empowerment Project 388 A Broadway, Chelsea, MA 02150	617-889-2760
Roxbury Comprehensive Community Health Center 435 Warren St., Roxbury, MA 02119	617-442-7404 x417

Community Partnership Programs

Massachusetts' strong commitment to prevention has been demonstrated through the interest of a significant number of communities across the Commonwealth in the CSAP (Center for Substance Abuse Prevention) Community Partnership Program. The purpose of the five-year federal grant program is to promote the development of long-range, comprehensive, multidisciplinary alcohol and other drug problem prevention planning efforts. Through the formation and support of coalitions, public and private organizations, agencies, institutions and community groups become engaged in this collaborative, community-wide effort.

The goal of the Community Partnership Program is to reduce current alcohol and other drug-related problems, and to prevent new alcohol and other drug use and abuse, as measurable through evaluation of changes in community norms and other community-specific indicators.

The primary focus is to bring together all current prevention programs and strategies within cities and towns into coordinated, broad-based and unified community prevention systems. Lead agencies may be local governments or community-based private non-profit organizations or agencies. Initially, a minimum of seven organizations and agencies are expected to be represented on a community coalition, with the ultimate objective of engaging all sectors of the community.

A limited portion of the grant may be allocated for activities which promote or enhance community prevention programming.

The Department of Public Health has implemented a unique initiative to learn from the funded communities how prevention programming can be enhanced throughout the Commonwealth. Through this effort, directors and staff of the Community Partnership programs come together to share information, ideas and resources. This network enables participating communities to more efficiently access federal and state training and technical assistance resources and provides a forum for community development and peer support.

CSAP Community Partnerships

Beverly 508-921-1292
Beverly Intergenerational Prevention Project
Project RAP, Inc.
2 Rantoul St., Beverly, MA 01915

Boston (617) 635-3283
Boston Against Drugs/TEAM Fax: 523-4475
Mayor's Office of Neighborhood Programs
Boston City Hall, Room 708, Boston, MA 02201

Brockton (508) 580-7856
Community Partnership Project Fax: 559-7960
Brockton Fights Back
60 School Street, Brockton, MA 02401

Cambridge (617) 349-6346
Community Partnership Program
19 Brookline Street, c/o MSC, Cambridge, MA 02139

Cape Cod and Islands (508) 362-9477
Cape & Islands Partnership to Reduce AODA Fax: 362-4307
POBox 397, Police Service Center, County Court Complex, Barnstable, MA 02360

Chicopee (413) 594-2211
Community Partnership to Prevent AODA Fax: 594-7642
350 Memorial Drive, Chicopee, MA 01020

Framingham (508) 879-6874
Framingham Coalition for the Prevention of AODA Fax: 879-5452
Metrowest Mental Health Association
Lincoln St., Framingham, MA 01701

Gloucester (508) 283-0000
Gloucester Prevention Network Fax: 283-9379
NUVA, Inc.
100 Main St., Gloucester, MA 01930

Haverhill (508) 373-1971
Haverhill Community Partnership Fax: 373-8966
Community Action, Inc.
25 Locust St., Haverhill, MA 01832

Holyoke (413) 532-3470
Community Partnership Program Fax: 536-0995
Nueva Esperanza, Inc.
401 Main St., Holyoke, MA 01040

Lawrence (508) 685-1337
Community Partnership Program Fax: 681-1281
Psychological Center, Inc.
488 Essex St., Lawrence, MA 01840

Lowell
Community-University Partnership
University of Massachusetts at Lowell
Wannalancit Mills
One University Ave., Lowell, MA 01854
(508) 934-4677
Fax: 934-3026

Lynn
Community Partnership Program
Substance Abuse Prevention Resource Center
Lynn Housing Authortiy
174 S. Common Street, Lynn, MA 01905
(617) 592-1966 x50
Fax: 593-4350

New Bedford
Mayor's Drug Free Community Partnership
181 Hillman St., New Bedford, MA 02740
(508) 979-1580
Fax: 991-6233

Plymouth
Helping All to Learn Together (HALT)
89 Court St., Plymouth, MA 02360
508) 747-4401
Fax: 747-4403

Quincy
Quincy Coalition for Prevention of AODA
South Shore Council on Alcoholism
1419 Hancock St., Quincy, MA 02169
617) 472-2220
Fax: 472-6028

Salem
Salem Community Alliance
Center for Addictive Behaviors
27 Congress St., Salem, MA 01970
(508) 745-8890
Fax: 741-3104

Somerville
Community Partnership Program
Community Action Agency, Inc.
66-70 Union Square, #104, Somerville, MA 02143
(617) 623-7370

Springfield
Community Partnership & Prevention Alliance
1414 State St., Room 027
Springfield, MA 01109
(413) 787-6576
Fax: 787-6704

Tri-County
Western Massachusetts Tri-County Community Paretnership
Greenfield Community College
One College Drive, Greenfield, MA 01301
(413) 774-3131
773-5129

Woburn
Community Partnership Project
City of Woburn
POBox 574, Woburn, MA 01810
(617) 935-0161

Worcester
Community Partnership Project
Worcester Fights Back, Inc.
Denholm Bldg., 284 Main St., Suite 400, Worcester, MA 01608
(508) 752-0508
Fax: 757-2712

CSAP Pregnant and Postpartum Women and Their Infants

The Center for Substance Abuse Prevention (CSAP), in conjunction with the Office for Maternal and Child Health, has established a federal initiative to support innovative demonstration projects addressing the treatment needs of substance abusing pregnant and postpartum women and their infants. Women using substances during pregnancy have multiple needs, including substance abuse treatment, health care, and psychosocial needs. The primary goal of this national initiative is to promote the development and implementation of comprehensive, coordinated, and readily accessible prevention, intervention, and treatment systems to respond to the specialized needs of this population.

Grants are awarded to selected recipients to implement and evaluate specialized services over a three-to five-year time period.

Massachusetts has been successful in responding to this initiative and currently maintains the second highest number of total pregnant and postpartum grant awards (10) in the United States.

CSAP Pregnant and Postpartum Grantees

Health and Hospitals of the City of Boston 617-534-3038
Theresa Kohlenberg, Director
Young Families Support Program
Boston City Hospital/Department of Pediatrics
818 Harrison Ave., Boston, MA 02118

Coalition on Addiction, Pregnancy, and Parenting 617-661-3991
Norma Finkelstein, Director
349 Broadway, Cambridge, MA 02120

New Bedford Area Center for Human Services, Inc. 508-999-2321
Brian Foss, Director, Substance Abuse Services
J. Monique Rice, Perinatal Addictions Program Coordinator
P.O. Box A-2097, 850 Pleasant St., New Bedford, MA 02741

Baystate Medical Center 413-784-5083
Edward Bailey, Project Director
Susan McQuiston, PhD; Nancy Kloczko, MD
Cocaine Use in Pregnancy: A Comprehensive Care Model
759 Chestnut St., Springfield, MA 01199

Brenda McCormick, Program Director
Brightside Project, Pregnant & Parenting Services
2122 Riverdale St., West Springfield, MA 01089

Providence Hospital Health and Human Services 413-538-9400
Karen Engle, Project Director; Claudia Phillips
Elm Street Center, 210 Elm St., Holyoke, MA 01040

Dimock Community Health Center
55 Dimock St., Roxbury, MA 02119
Perinatal Care for Imprisoned Addicted Women/Project Catch the Hope — 617-442-9516
Genita Ekpenyong, Project Director

Project WINDOW — 617-442-8800 x316
Janet Johnson, Director

Boston Community Services — 617-325-6700
Ed Roche
780 American Legion Highway, Roslindale, MA 02131

Brightside Center for Families and Children — 413-788-7366
Allison Metcalf
2112 Riverdale St., West Springfield, MA 01089

Trustees of Health and Hospitals
B.U. School of Public Health
Hortensia Amaro, PhD — 617-638-5160
Principal Investigator: Maria Agiur, MPH — 617-534-7411
Project Director, MOM's Project
85 East Newton St., Room 840, Boston, MA 02118

Advocates for Human Potential, Inc. — 508-443-0055
Jack Sarmanian, Neil Shifman
323 Boston Post Road, Sudbury, MA 01776